

NEWS RELEASE

EXHIBIT 99.1

National Western Life Group, Inc. Announces 2019 Full Year and Fourth Quarter Earnings

Austin, Texas, February 28, 2020 - Ross R. Moody, Chairman of the Board, President, and Chief Executive Officer of National Western Life Group, Inc. (Nasdaq: NWLI), announced today 2019 consolidated net earnings of \$131.6 million, or \$37.22 per diluted Class A common share, compared with consolidated net earnings of \$116.8 million, or \$33.02 per diluted Class A common share, for 2018. The Company's book value per share increased to \$585.32 as of December 31, 2019 from \$522.76 as of December 31, 2018. For the quarter ended December 31, 2019, the Company reported consolidated net earnings of \$37.7 million, or \$10.67 per diluted Class A common share, compared with \$21.8 million, or \$6.16 per diluted Class A common share, in the fourth quarter of 2018.

Total revenues increased 49% in 2019 to \$819.2 million from \$551.6 million in 2018. Operating revenues, excluding investment and index options gains and losses, increased to \$689.7 million in the year ended December 31, 2019 from \$623.2 million for the year 2018. Mr. Moody indicated, "Our primary focus has always been on the profitability of our business and by that measure we are extremely pleased with the results reported for 2019. In addition, growing and expanding our distribution channels to create significant top-line growth has emerged as a top focal point over the past year." Noting that the Company's domestic life insurance sales grew 26% in 2019, Mr. Moody added, "We have created a proficiency in the single premium equity-indexed life insurance market and our acquisition earlier in 2019 of Ozark National Life Insurance Company brings another niche market where we believe there are opportunities for growth. It is incumbent upon us to build on these existing markets as well as to expand into new areas."

Pretax earnings of \$165.2 million for the year ended December 31, 2019 included a contribution of \$21.0 million from Ozark National Life Insurance Company and N.I.S. Financial Services, Inc. subsequent to their acquisition effective January 31, 2019. Mr. Moody commented on the acquisition saying, "We have demonstrated the ability to create profit organically over time. Adding Ozark National and NIS to the organization has not only proven to be a nice complement to our existing product lines but also a successful deployment of our capital."

National Western Life Group, Inc. is the parent organization of National Western Life Insurance Company and Ozark National Life Insurance Company, stock life insurance companies in aggregate offering a broad portfolio of individual universal life, whole life and term insurance plans, as well as annuity products. At December 31, 2019, the Company maintained consolidated total assets of \$12.6 billion, consolidated stockholders' equity of \$2.1 billion, and combined life insurance inforce of \$23.3 billion.

Caution Regarding Forward-Looking Statements:

This press release contains statements which are or may be viewed as forward-looking within the meaning of The Private Securities Litigation Reform Act of 2005. Forward-looking statements relate to future operations, strategies, financial results or other developments, and are subject to assumptions, risks, and uncertainties. Factors that may cause actual results to differ materially from those contemplated in these forward-looking statements can be found in the Company's Form 10-K filed with the Securities and Exchange Commission. Forward-looking statements speak only as of the date the statement was made and the Company undertakes no obligation to update such forward-looking statements. There can be no assurance that other factors not currently anticipated by the Company will not materially and adversely affect our results of operations. Investors are cautioned not to place undue reliance on any forward-looking statements made by us or on our behalf.

National Western Life Group, Inc. News Release - Page 2

Summary of Consolidated Financial Results (Unaudited)

(In thousands except per share data)

Revenues: 2019 2018 2019 2018 Revenues: 8 172,808 155,230 689,740 623,180 gains (losses) 60,881 115,230 689,740 623,180 Realized and unrealized gains (losses) on index options 60,081 (115,585) 123,207 (80,004) Realized gains (losses) on investments 2,539 2,841 6,241 8,423 Total revenues 235,428 42,486 819,188 551,599 Benefits and expenses: Life and other policy benefits 35,578 20,690 137,342 65,297 Amortization of deferred acquisition costs and value of business acquired 30,229 24,698 116,802 114,771 Universal life and annuity contract interest 94,830 (47,261) 295,330 136,055 Other operating expenses 27,363 21,502 104,558 93,969 Total benefits and expenses 47,428 22,857 165,155 141,507 Income tax expense 9,695 1,081 33,540			Three Months Ended December 31,		Twelve Months Ended December 31,	
Revenues, excluding investment and index option \$ 172,808 155,230 689,740 623,180 gains (losses)			2019	2018	2019	2018
gains (losses) Realized and unrealized gains (losses) on index options 60,081 (115,585) 123,207 (80,004) Realized gains (losses) on investments 2,539 2,841 6,241 8,423 Total revenues 235,428 42,486 819,188 551,599 Benefits and expenses: Life and other policy benefits 35,578 20,690 137,342 65,297 Amortization of deferred acquisition costs and value of business acquired 30,229 24,698 116,802 114,771 Universal life and annuity contract interest 94,830 (47,261) 295,330 136,055 Other operating expenses 27,363 21,502 104,558 93,969 Total benefits and expenses 188,000 19,629 654,032 410,092 Earnings before income taxes 47,428 22,857 165,156 141,507 Income tax expense 9,695 1,081 33,540 24,749 Net earnings attributable to Class A shares 3 6,666 21,160 127,894 113,456 Diluted Weighted Average Class A	Revenues:					
Realized gains (losses) on investments 2,539 2,841 6,241 8,423 Total revenues 235,428 42,486 819,188 551,599 Benefits and expenses: Life and other policy benefits 35,578 20,690 137,342 65,297 Amortization of deferred acquisition costs and value of business acquired 30,229 24,698 116,802 114,771 Universal life and annuity contract interest 94,830 (47,261) 295,330 136,055 Other operating expenses 27,363 21,502 104,558 93,969 Total benefits and expenses 188,000 19,629 654,032 410,092 Earnings before income taxes 47,428 22,857 165,156 141,507 Income tax expense 9,695 1,081 33,540 24,749 Net earnings attributable to Class A shares \$ 36,666 21,160 127,894 113,456 Diluted Earnings Per Class A Shares \$ 3,436 3,436 3,436 3,436 Diluted Weighted Average Class A Shares <t< td=""><td></td><td>\$</td><td>172,808</td><td>155,230</td><td>689,740</td><td>623,180</td></t<>		\$	172,808	155,230	689,740	623,180
Benefits and expenses: Use and expenses: Life and other policy benefits 35,578 20,690 137,342 65,297 Amortization of deferred acquisition costs and value of business acquired 30,229 24,698 116,802 114,771 Universal life and annuity contract interest 94,830 (47,261) 295,330 136,055 Other operating expenses 27,363 21,502 104,558 93,969 Total benefits and expenses 188,000 19,629 654,032 410,092 Earnings before income taxes 47,428 22,857 165,156 141,507 Income tax expense 9,695 1,081 33,540 24,749 Net earnings attributable to Class A shares \$ 37,733 21,776 131,616 116,758 Diluted Earnings Per Class A Shares \$ 36,666 21,160 127,894 113,456 Diluted Weighted Average Class A Shares 3,436 3,436 3,436 3,436 Diluted Weighted Average Class A Shares 3,436 3,436 3,436 3,436 Book value per share	Realized and unrealized gains (losses) on index options		60,081	(115,585)	123,207	(80,004)
Benefits and expenses: Life and other policy benefits 35,578 20,690 137,342 65,297 Amortization of deferred acquisition costs and value of business acquired 30,229 24,698 116,802 114,771 Universal life and annuity contract interest 94,830 (47,261) 295,330 136,055 Other operating expenses 27,363 21,502 104,558 93,969 Total benefits and expenses 188,000 19,629 654,032 410,092 Earnings before income taxes 47,428 22,857 165,156 141,507 Income tax expense 9,695 1,081 33,540 24,749 Net earnings attributable to Class A shares 36,666 21,160 127,894 113,456 Diluted Earnings Per Class A Shares 3,436 3,436 3,436 3,436 Diluted Weighted Average Class A Shares 3,436 3,436 3,436 3,436 Book value per share \$ 585.32 522,76 Less: Per share impact of accumulated other comprehensive income (loss) 16.53 (10.77)	Realized gains (losses) on investments		2,539	2,841	6,241	8,423
Life and other policy benefits 35,578 20,690 137,342 65,297 Amortization of deferred acquisition costs and value of business acquired 30,229 24,698 116,802 114,771 Universal life and annuity contract interest 94,830 (47,261) 295,330 136,055 Other operating expenses 27,363 21,502 104,558 93,969 Total benefits and expenses 188,000 19,629 654,032 410,092 Earnings before income taxes 47,428 22,857 165,156 141,507 Income tax expense 9,695 1,081 33,540 24,749 Net earnings \$ 37,733 21,776 131,616 116,758 Net earnings attributable to Class A shares \$ 36,666 21,160 127,894 113,456 Diluted Earnings Per Class A Shares \$ 3,436 3,436 3,436 3,436 Diluted Weighted Average Class A Shares 3,436 3,436 3,436 3,436 Book value per share \$ 585,32 522,76 Less: Per share impact of accumulated other comprehensive income (loss) 16,53 (10,77)	Total revenues		235,428	42,486	819,188	551,599
Amortization of deferred acquisition costs and value of business acquired 30,229 24,698 116,802 114,771 Universal life and annuity contract interest 94,830 (47,261) 295,330 136,055 Other operating expenses 27,363 21,502 104,558 93,969 Total benefits and expenses 188,000 19,629 654,032 410,092 Earnings before income taxes 47,428 22,857 165,156 141,507 Income tax expense 9,695 1,081 33,540 24,749 Net earnings attributable to Class A shares \$36,666 21,160 127,894 113,456 Diluted Earnings Per Class A Share \$0,695 1,081 37.22 33.02 Diluted Weighted Average Class A Shares \$3,436 3,436 3,436 3,436 3,436 3,436 3,436 3,436	Benefits and expenses:					
value of business acquired 30,229 24,698 116,802 114,771 Universal life and annuity contract interest 94,830 (47,261) 295,330 136,055 Other operating expenses 27,363 21,502 104,558 93,969 Total benefits and expenses 188,000 19,629 654,032 410,092 Earnings before income taxes 47,428 22,857 165,156 141,507 Income tax expense 9,695 1,081 33,540 24,749 Net earnings \$ 37,733 21,776 131,616 116,758 Net earnings attributable to Class A shares \$ 36,666 21,160 127,894 113,456 Diluted Earnings Per Class A Shares \$ 10.67 6.16 37.22 33.02 Diluted Weighted Average Class A Shares 3,436 3,436 3,436 3,436 Book value per share \$ 585,32 522,76 Less: Per share impact of accumulated other comprehensive income (loss) 16,53 (10,77)	Life and other policy benefits		35,578	20,690	137,342	65,297
Universal life and annuity contract interest 94,830 (47,261) 295,330 136,055 Other operating expenses 27,363 21,502 104,558 93,969 Total benefits and expenses 188,000 19,629 654,032 410,092 Earnings before income taxes 47,428 22,857 165,156 141,507 Income tax expense 9,695 1,081 33,540 24,749 Net earnings \$ 37,733 21,776 131,616 116,758 Net earnings attributable to Class A shares \$ 36,666 21,160 127,894 113,456 Diluted Earnings Per Class A Shares \$ 10.67 6.16 37.22 33.02 Diluted Weighted Average Class A Shares 3,436 3,436 3,436 3,436 Book value per share \$ 585.32 522.76 Less: Per share impact of accumulated other comprehensive income (loss) 16.53 (10.77)	Amortization of deferred acquisition costs and					
Other operating expenses 27,363 21,502 104,558 93,969 Total benefits and expenses 188,000 19,629 654,032 410,092 Earnings before income taxes 47,428 22,857 165,156 141,507 Income tax expense 9,695 1,081 33,540 24,749 Net earnings \$ 37,733 21,776 131,616 116,758 Net earnings attributable to Class A shares \$ 36,666 21,160 127,894 113,456 Diluted Earnings Per Class A Share \$ 10.67 6.16 37.22 33.02 Diluted Weighted Average Class A Shares 3,436 3,436 3,436 3,436 Book value per share \$ 585.32 522.76 Less: Per share impact of accumulated other comprehensive income (loss) 16.53 (10.77)	value of business acquired		30,229	24,698	116,802	114,771
Total benefits and expenses 188,000 19,629 654,032 410,092 Earnings before income taxes 47,428 22,857 165,156 141,507 Income tax expense 9,695 1,081 33,540 24,749 Net earnings \$ 37,733 21,776 131,616 116,758 Net earnings attributable to Class A shares \$ 36,666 21,160 127,894 113,456 Diluted Earnings Per Class A Share \$ 10.67 6.16 37.22 33.02 Diluted Weighted Average Class A Shares 3,436 3,436 3,436 3,436 Book value per share \$ 585.32 522.76 Less: Per share impact of accumulated other comprehensive income (loss) 16.53 (10.77)	Universal life and annuity contract interest		94,830	(47,261)	295,330	136,055
Earnings before income taxes 47,428 22,857 165,156 141,507 Income tax expense 9,695 1,081 33,540 24,749 Net earnings \$ 37,733 21,776 131,616 116,758 Net earnings attributable to Class A shares \$ 36,666 21,160 127,894 113,456 Diluted Earnings Per Class A Share \$ 10.67 6.16 37.22 33.02 Diluted Weighted Average Class A Shares 3,436 3,436 3,436 3,436 December 31, 2019 2018 Book value per share \$ 585.32 522.76 Less: Per share impact of accumulated other comprehensive income (loss) 16.53 (10.77)	Other operating expenses		27,363	21,502	104,558	93,969
Income tax expense 9,695 1,081 33,540 24,749 Net earnings \$ 37,733 21,776 131,616 116,758 Net earnings attributable to Class A shares \$ 36,666 21,160 127,894 113,456 Diluted Earnings Per Class A Share \$ 10.67 6.16 37.22 33.02 Diluted Weighted Average Class A Shares 3,436 3,436 3,436 3,436 December 31, 2019 2018 Book value per share \$ 585.32 522.76 Less: Per share impact of accumulated other comprehensive income (loss) 16.53 (10.77)	Total benefits and expenses		188,000	19,629	654,032	410,092
Net earnings \$ 37,733 21,776 131,616 116,758 Net earnings attributable to Class A shares \$ 36,666 21,160 127,894 113,456 Diluted Earnings Per Class A Share \$ 10.67 6.16 37.22 33.02 Diluted Weighted Average Class A Shares 3,436 3,436 3,436 3,436 December 31, 2019 2018 Book value per share \$ 585.32 522.76 Less: Per share impact of accumulated other comprehensive income (loss) 16.53 (10.77)	Earnings before income taxes		47,428	22,857	165,156	141,507
Net earnings attributable to Class A shares \$ 36,666 21,160 127,894 113,456 Diluted Earnings Per Class A Share \$ 10.67 6.16 37.22 33.02 Diluted Weighted Average Class A Shares 3,436 3,436 3,436 3,436 3,436 Book value per share \$ 585.32 522.76 Less: Per share impact of accumulated other comprehensive income (loss) 16.53 (10.77)	Income tax expense		9,695	1,081	33,540	24,749
Diluted Earnings Per Class A Share \$ 10.67 6.16 37.22 33.02 Diluted Weighted Average Class A Shares 3,436 3,436 3,436 3,436 3,436 December 31, 2019 2018 Book value per share \$ 585.32 522.76 Less: Per share impact of accumulated other comprehensive income (loss) 16.53 (10.77)	Net earnings	\$	37,733	21,776	131,616	116,758
Diluted Weighted Average Class A Shares 3,436	Net earnings attributable to Class A shares	\$_	36,666	21,160	127,894	113,456
December 31, December 31, 2019 2018	Diluted Earnings Per Class A Share	\$	10.67	6.16	37.22	33.02
Book value per share \$ 585.32 522.76 Less: Per share impact of accumulated other comprehensive income (loss) 16.53 (10.77)	Diluted Weighted Average Class A Shares	_	3,436	3,436	3,436	3,436
Book value per share \$ 585.32 522.76 Less: Per share impact of accumulated other comprehensive income (loss) 16.53 (10.77)					December 31,	December 31,
Less: Per share impact of accumulated other comprehensive income (loss) 16.53 (10.77)					2019	2018
	Book value per share			\$	585.32	522.76
Book value per share, excluding accumulated other comprehensive income (loss) * \$ 568.79 533.53	Less: Per share impact of accumulated other comprehensive income (loss)				16.53	(10.77)
	Book value per share, excluding accumulated other com	prehe	ensive income (le	oss) * \$	568.79	533.53

^{*} Book value per share excluding accumulated other comprehensive income is a non-GAAP financial measure. Accumulated other comprehensive income totaled \$60.1 million at December 31, 2019 and \$(37.0) million at December 31, 2018. Since accumulated other comprehensive income fluctuates from quarter to quarter due to unrealized changes in the fair value of investments caused primarily by changes in market interest rates, National Western Life Group, Inc. believes this financial measure provides useful supplemental information.

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