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**UNITED STATES**  
**SECURITIES AND EXCHANGE COMMISSION**  
WASHINGTON, DC 20549

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**FORM 8-K**

**CURRENT REPORT**  
**Pursuant to Section 13 or 15(d) of the**  
**Securities Exchange Act of 1934**

Date of report (Date of earliest event reported) **March 1, 2019 (February 28, 2019)**

**NATIONAL WESTERN LIFE GROUP, INC.**  
(Exact Name of Registrant as Specified in Charter)

**Delaware**  
(State or Other Jurisdiction  
of Incorporation)

**000-55522**  
(Commission  
File Number)

**47-3339380**  
(IRS Employer  
Identification No.)

**10801 N Mopac Expy Bldg 3**  
**Austin, Texas**  
(Address of Principal Executive Offices)

**78759**  
(Zip Code)

Registrant's telephone number, including area code **(512) 836-1010**

**Not Applicable**  
(Former Name or Former Address, if Changed Since Last Report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (*see* General Instruction A.2. below):

- [ ] Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- [ ] Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- [ ] Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- [ ] Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405 of the chapter) or Rule 12-b2 of the Securities Exchange Act of 1934 (§240.12b-2 of the chapter).

Emerging growth company

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act.

## Item 2.02 Results of Operations and Financial Condition

On February 28, 2019, National Western Life Group, Inc. ("Company") announced via press release the Company's financial results for the quarter and year ended December 31, 2018. A copy of the Company's press release is attached hereto as Exhibit 99.1. This Form 8-K and the attached exhibit are provided under Item 9.01 of Form 8-K and are furnished to, but not filed with, the Securities and Exchange Commission.

The press release is available at the Company's website, [www.nwlg.com](http://www.nwlg.com).

## Item 9.01 Financial Statements and Exhibits

( d ) Exhibits

<u>Exhibit No.</u>	<u>Description</u>
99.1	Press Release dated February 28, 2019

### SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

NATIONAL WESTERN LIFE GROUP, INC.

Date: March 1, 2019

/S/Brian M. Pribyl

Brian M. Pribyl  
Senior Vice President,  
Chief Financial Officer  
and Treasurer

### EXHIBIT INDEX

<u>Exhibit</u>	<u>Description</u>
99.1	Press Release of National Western Life Group, Inc. issued February 28, 2019 reporting financial results for the quarter and year ended December 31, 2018.



National Western Life Group, Inc.

# NEWS RELEASE

## EXHIBIT 99.1

### **National Western Life Group, Inc. Announces 2018 Full Year and Fourth Quarter Earnings**

Austin, Texas, February 28, 2019 - Ross R. Moody, Chairman of the Board, President, and Chief Executive Officer of National Western Life Group, Inc. (Nasdaq: NWLI), announced today 2018 consolidated net earnings of \$116.8 million, or \$33.02 per diluted Class A common share, compared with consolidated net earnings of \$110.4 million, or \$31.23 per diluted Class A common share, for 2017. The Company's book value per share increased to \$522.76 as of December 31, 2018 from \$503.88 as of December 31, 2017. For the quarter ended December 31, 2018, the Company reported consolidated net earnings of \$21.8 million, or \$6.16 per diluted Class A common share, compared with \$39.6 million, or \$11.19 per diluted Class A common share, in the fourth quarter of 2017. Results for the fourth quarter of 2017 included a \$17.1 million tax benefit for implementation of provisions of the Tax Cuts and Job Acts passed in December of that year.

The Company reported earnings from operations, excluding net realized gains and losses on investments, of \$110.1 million for the year ended December 31, 2018, or \$31.14 per diluted Class A common share, compared to \$100.8 million, or \$28.52 per diluted Class A common share in the same period for 2017. Mr. Moody commented on the earnings results saying, "For the second consecutive year our operating earnings exceeded the \$100 million threshold. The earnings attained in 2018 are a testament to decades of solid business practices creating a fundamentally solid block of business."

Operating revenues, excluding investment and index option gains and losses, declined 2% in 2018 to \$623.2 million from \$636.8 million in 2017. Mr. Moody indicated, "With our decision to gradually disengage over the past several years from accepting life insurance applications from residents outside the U.S., we anticipated marginal declines in operating revenues to emerge. As a result, we set on a course of pursuing other strategic initiatives which lead to our announcement earlier this month that we had successfully completed the acquisition of Ozark National Life Insurance Company and its affiliated broker-dealer, N.I.S. Financial Services, Inc. We are excited to add these successful organizations to the National Western family of companies and look forward to the growth and synergies we anticipate occurring."

National Western Life Group, Inc. is the parent organization of National Western Life Insurance Company (NWLIC). Founded in 1956, NWLIC is a stock life insurance company offering a broad portfolio of individual universal life, whole life and term insurance plans, as well as annuity products. NWLIC has 275 employees and approximately 25,200 contracted independent agents, brokers, and consultants. At December 31, 2018, the Company maintained consolidated total assets of \$11.9 billion, stockholders' equity of \$1.9 billion, and life insurance inforce of \$18.6 billion.

#### Caution Regarding Forward-Looking Statements:

This press release contains statements which are or may be viewed as forward-looking within the meaning of The Private Securities Litigation Reform Act of 2005. Forward-looking statements relate to future operations, strategies, financial results or other developments, and are subject to assumptions, risks, and uncertainties. Factors that may cause actual results to differ materially from those contemplated in these forward-looking statements can be found in the Company's Form 10-K filed with the Securities and Exchange Commission. Forward-looking statements speak only as of the date the statement was made and the Company undertakes no obligation to update such forward-looking statements. There can be no assurance that other factors not currently anticipated by the Company will not materially and adversely affect our results of operations. Investors are cautioned not to place undue reliance on any forward-looking statements made by us or on our behalf.

**Summary of Consolidated Operating Results (Unaudited)**  
(In thousands except per share data)

	Three Months Ended December 31,		Twelve Months Ended December 31,	
	2018	2017	2018	2017
<b>Revenues:</b>				
Revenues, excluding investment and index option gains (losses)	\$ 155,230	159,634	623,180	636,809
Realized and unrealized gains (losses) on index options	(115,585)	84,323	(80,004)	222,875
Realized gains on investments	2,841	3,858	8,423	14,764
Total revenues	<u>42,486</u>	<u>247,815</u>	<u>551,599</u>	<u>874,448</u>
<b>Earnings:</b>				
Earnings from operations	\$ 19,532	37,080	110,104	100,825
Net realized gains on investments	2,244	2,507	6,654	9,596
Net earnings	<u>21,776</u>	<u>39,587</u>	<u>116,758</u>	<u>110,421</u>
Net earnings attributable to Class A shares	<u>21,160</u>	<u>38,467</u>	<u>113,456</u>	<u>107,298</u>
<b>Basic Earnings Per Class A Share:</b>				
Earnings from operations	\$ 5.53	10.48	31.14	28.52
Net realized gains on investments	0.63	0.71	1.88	2.71
Net earnings	<u>6.16</u>	<u>11.19</u>	<u>33.02</u>	<u>31.23</u>
Basic Weighted Average Class A Shares	<u>3,436</u>	<u>3,436</u>	<u>3,436</u>	<u>3,436</u>
<b>Diluted Earnings Per Class A Share:</b>				
Earnings from operations	\$ 5.53	10.48	31.14	28.52
Net realized gains on investments	0.63	0.71	1.88	2.71
Net earnings	<u>6.16</u>	<u>11.19</u>	<u>33.02</u>	<u>31.23</u>
Diluted Weighted Average Class A Shares	<u>3,436</u>	<u>3,436</u>	<u>3,436</u>	<u>3,436</u>

**Investor Relations Contact:**

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